		November			
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
				First Practice	6:00-8:00 am
					Team Swim
				3-5:30 pm Team Swim	
9	10	11	12	13 No School	14
5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	Teacher PD Day	6:00-8:00 am Team Swin
	5:30 - 6:45 am White Lift		5:30 - 6:45 am White Lift	5:30-6:45 am R/P Lift	
3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	Suit / Spirit Wear
					Orders Due
16	17	18	19	20	21
5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	6:00-8:00 am Team Swin
	5:30 - 6:45 am White Lift		5:30 - 6:45 am White Lift		
3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	
23	24	25	26 No School	27 No School	28
5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	No Practice		
	5:30 - 6:45 am White Lift		Thanksgiving Day		
3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim			
30 No School					
6:30-8:30 am					
Team Swim					
8:45-9:30 am R/P Lift					
	9 5:30-6:45 am R/P Lift 3-5:30 pm Team Swim 16 5:30-6:45 am R/P Lift 3-5:30 pm Team Swim 23 5:30-6:45 am R/P Lift 3-5:30 pm Team Swim 30 No School 6:30-8:30 am Team Swim	9 10 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim 3-5:30 pm Team Swim 16 17 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim 3-5:30 pm Team Swim 23 24 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim 3-5:30 pm Team Swim 30 No School 6:30-8:30 am Team Swim	9 10 11 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 5:30-6:45 am R/P Lift 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim 3-5:30 pm Team Swim 5:30-6:45 am R/P Lift 5:30-6:45 am R/P Lift 5:30-6:45 am R/P Lift 5:30-6:45 am White Lift 3-5:30 pm Team Swim	2 3 4 5 9 10 11 12 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 5:30 - 6:45 am White Lift 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim 3-5:30 pm Team Swim 3-5:30 pm Team Swim 3-5:30 pm Team Swim 5:30 - 6:45 am Red Swim 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 5:30-6:45 am Red Swim 5:30-6:45 am Red Swim 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim	2 3 4 5 6 First Practice 3-5:30 pm Team Swim 9 10 11 12 13 No School 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 3-5:30 pm Team Swim 5:30 - 6:45 am White Lift 3-5:30 pm Team Swim 3-5:30 pm Team Swim 3-5:30 pm Team Swim 16 17 18 19 20 5:30-6:45 am R/P Lift 5:30-6:45 am Red Swim 5:30-6:45 am R/P Lift 5:30

			December			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	
		5:30 - 6:45 am White Lift		5:30 - 6:45 am White Lift		
		3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	Hudson	
					@ Hudson @ 5:30pm	
6	7	8	9	10	11	12
	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	6:00-8:00 am
		5:30 - 6:45 am White Lift		5:30 - 6:45 am White Lift		Team Swim
-	3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	3-5:30 pm Team Swim	
13	14	15	16	17	18	19
	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift		5:30-6:45 am R/P Lift	6:00-8:00 am Team Swin
		5:30 - 6:45 am White Lift	Stow Munroe Falls	3-5:30 pm Team Swim		Captain Applications Du
	3-5:30 pm Team Swim	Nordonia	@ Stow @ 6pm		3-5:30 pm Team Swim	
		@ home @ 5:30pm				
20	21	22 No School	23 No School	24 No School	25 No School	26
	5:30-6:45 am R/P Lift	7-9 am Team Swim	7-9 am Team Swim	7-9 am Team Swim	No Practice	
3-5:30 pm Team Swim	2-2:45pm White Lift	2-2:45pm R/P Lift	9:15-10:15 am R/P Lift	Christmas Day		
	3-5:30 pm Team Swim	3-5:30 pm Team Swim				
27	28 No School	29 No School	30 No School	31 No School		
	7-9 am Team Swim	7-9 am Team Swim	7-9 am Team Swim	7-9 am Team Swim		
	2-2:45pm R/P Lift	2-2:45pm White Lift	2-2:45pm R/P Lift	9:15-10:15 am R/P Lift		
	3-5:30 pm Team Swim	3-5:30 pm Team Swim	Avon Swim			
			@ Wadsworth@ 5:30nm			

January	
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Jailual y						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 No School	2
					No Practice	
					New Year's Day	
					,	
3	4	5	6	7	8	9
	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	6:00-8:00 am Team Swim
		5:30 - 6:45 am White Lift	Cuyahoga Falls	5:30 - 6:45 am White Lift		SL Swim
	3-5:30 pm Team Swim	3-5:30 pm Team Swim	@ home @5:30	3-5:30 pm Team Swim		@ Un. of AK @ TBA
10	11	12	13	14	15	16
_	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	6:00-8:00 am Team Swim
		5:30 - 6:45 am White Lift	North Royalton Swim	5:30 - 6:45 am White Lift		
	3-5:30 pm Team Swim	3-5:30 pm Team Swim	@ home @5:30	3-5:30 pm Team Swim	3-5:30 pm Team Swim	Copley
			Senior Night			@ home@ 12 pm
17	18	19	20	21	22	23
		5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	6:00-8:00 am Team Swim
	3-5:30 pm Team Swim	5:30 - 6:45 am White Lift	Twinsburg Swim	5:30 - 6:45 am White Lift		
		3-5:30 pm Team Swim	@ Twinsburg @6:15	3-5:30 pm Team Swim	3-5:30 pm Team Swim	
24	25	26	27	28	29	30
	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	5:30-6:45 am Red Swim	5:30-6:45 am R/P Lift	6:00-8:00 am Team Swim
	3-5:30 pm Team Swim	5:30 - 6:45 am White Lift		5:30 - 6:45 am White Lift	·	Brecksville Swim
	JV Champs Dinner	3-5:30 pm Team Swim		3-5:30 pm Team Swim	3-5:30 pm Team Swim	@Brecksville
	@ 5:00 pm					@4:00 pm
31						

February	
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			1 Col daily			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
						6:00-8:00 am Team Swim
						JV Champs
						(McKinley) TBA
7	8	9	10	11	12	13
	3-5:30 pm Team Swim	5:30-6:45 am Swim	3-5:30 pm Team Swim	5:30-6:45 am Swim	3-5:30 pm Team Swim	
		Sectional Dist & District All		District Group All Only	Ice Baths	Swimming
	Sectional Dinner @5pm	3-5:30 pm Team Swim				Sectionals
				3-5:30 pm Team Swim		(CSU) TBA
14	15 No School	16	17	18	19	20
12-1 pm Swim	3-5:00 pm Team Swim	5:30-6:45 am Swim		3-5:30 pm Team Swim	6:00-6:45 am Swim	Swim Districts
	District Dinner @5pm	Sectional Hold Distance Only	3-5:30 pm Team Swim	Ice Baths	Swim Districts	(Bowling Green)
		3-5:30 pm Team Swim			(Bowling Green)	ТВА
					ТВА	
21	22	23	24	25	26	27
12-1 pm Swim	3-5:00 pm Team Swim	3-5:00 pm Team Swim	3-5:00 pm Team Swim	3-4:00 pm Team Swim	Swimming States	Swimming States
	State Dinner @ 5pm				(McKinley)	(McKinley)
					ТВА	ТВА
28						